

Dear friends!

Härnösand December 2009

Here is a little information about our past year. It started with the cleaning and styling grandma Helga's apartment in Uppsala as it was going to be sold. It took until June before it was sold.



The usual Easter egg rolling. This year Great Grandma Helga could take part.

Tiius mother Helga has now lived one year at Ädelhem here in Härnösand. She seems to have settled in quite well.



In May Lotta and Fredde moved to a new home.

Work: In the beginning of the year Claes held a course on Health for the seniors at the University for pensioners. He has also given lectures about fibromyalgia, written the usual monthly articles in the Journalen (www.journalen.nu) and answering questions at www.1177.se. The latest job as a GP has been November 2008 until March 2009 part time at homes for elderly in our town.



In Grisslehamn windows and a roof was renovated. Annica, Johannes, Birk and Alva were assisting.

A great part of the spring was dedicated to a new gear box for the Windmill for electrical power owned by the cooperative we members and Claes is the secretary of. The cost was around 215 000 USD and brought a lot of work to organize.



The Moomin house that we started to build the summer 2008 was finished in July. Helga and Herman cut the ribbon (below) and then the big party started!



We also made some renovations at the summer house of Mille (to the right), Lotta and Fredde in Svärdsjö. Renovation at our own home was to paint one of the outer walls of the house.



Grandma Tiiu has got a trailer containing Mille attached to her scooter.



We made a trip with our mobile home with Alva and Birk to Skara Summerland och Öland's Animal Park.



A week in September we made the annual trip abroad with our friends. The photo is from Belek, Turkey.



Great Grandma Helga joined the "walking Bingo", here pushed by Anni and with Birk as supporter.



During October we made a fantastic trip to China.



Merry Christmas!
and
A Happy New Year!



from



Tiiu & Claes